



**BFNC**

Buffalo Federation of  
Neighborhood Centers, Inc.

*Unlocking Potential ... Enriching Lives.*



## CAPP

### CAPP

Comprehensive Adolescent  
Pregnancy Prevention

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### Comprehensive Adolescent Pregnancy Prevention

**A Program of  
Buffalo Federation  
of  
Neighborhood Centers**

CAPP offers a range of services formulated to specifically address the issues surrounding teen pregnancy, HIV/AIDS and sexually transmitted infections. BFNC/CAPP staff works with at-risk teens ages 10 to 21 in targeted zip codes, primarily those in Buffalo's East Side, to improve access to health care, and to reduce risky sexual behaviors and teen pregnancy.

The goals of the program are to:

- 1) Promote healthy sexual behaviors.
- 2) Ensure access to healthcare and family planning services.
- 3) Expand opportunities and provide support for youth.
- 4) Develop a coordinated plan for a community effort to improve the local environment for young people.



# Education is Key

CAPP facilitates educational programs in neighborhoods where there is the greatest health and socio-economic burden using a multi-dimensional model including:

- 1) Small group, evidence-based education in such diverse sites as faith-based organizations, schools, group homes, and community centers.
- 2) Mentoring for teens and their parents to help them access appropriate health care resources.
- 3) Youth development activities such as leadership training, summer employment, and conferences. Some activities will be targeted specifically at males.
- 4) Programs to help youth understand risk-taking behaviors.
- 5) Collaborations with other stakeholders.

# Additional CAPP Services

## Summer Youth Employment Program

Each year during July and August, CAPP introduces a group of young people to the world of work.

In addition to paid part-time employment in child care, clerical positions and office maintenance, the youth attend mandatory workshops on life skills such as financial literacy; resume writing, education and careers.



# Additional CAPP Services



## 'First Things First' Poster Contest

This contest, which awards art classes at a professional studio and related supplies, gives students in Buffalo an opportunity to showcase their creative talents. Students are asked to design posters illustrating the theme Avoid Teen Pregnancy. The first place winner's design is produced as a bus card advertisement to promote teen pregnancy prevention.

