



**BFNC**  
 Buffalo Federation of  
 Neighborhood Centers, Inc.  
*Unlocking Potential ... Enriching Lives.*



## The BFNC Moot Senior Center

## Who is Eligible?

Adults age 50 and older who are physically able to manage on their own, or with very little assistance can participate in the program.

## Program Cost

Membership fee is only \$52 per year. There is a \$1.00 per roundtrip charge for transportation for non-members. A free trial visit can be arranged.

## Donations

Donations may be made to honor a special occasion or as a memorial. They may also come in the form of a bequest. The BFNC is a not-for-profit organization and all contributions are tax deductible.

Checks may be made payable to:  
 BFNC/Moot Senior Center  
 97 Lemon St.  
 Buffalo, NY 14204

For more information or to schedule a visit,  
 please call the

**BFNC Moot Center at  
 (716) 882-4637.**

The Center is funded by the United Way of Buffalo and Erie County, Erie County Department of Senior Services/Nutrition Program, member fees and public donations.

### One Day at a Time

*We worry about our tomorrows,  
 often missing the joys of today.*

*Troubled about what may happen,  
 yet tomorrow, may not come our way.*

*Life's pathway is even uncertain,  
 "right now" is what's yours and mine.*

*The future is safe in God's keeping.  
 We can live but one day at a time.*



292 High Street  
 Buffalo, NY  
 14204  
 (716) 882-4637

# Program Information



The BFNC Moot Senior Center provides opportunities for senior individuals to enjoy recreation, conversation and activities designed to help them maintain an independent lifestyle.

The Center provides individualized programs to meet each person's needs, preferences and pace.

Each program at the Center emphasizes socialization and friendship.



## Activities

- Crafts
- Music
- Bid Whist
- Pinochle
- Bingo
- Dominoes
- Pool
- Bible Study
- Puzzles
- Chorus
- Wii
- Grocery Shopping
- Educational Programs
- Intergenerational Programs
- Field Trips
- Movies
- Monthly Birthday Celebrations
- Community Thanksgiving Dinner

- Fitness/Exercise
- Health Seminars and Workshops
- Blood Pressure Screenings
- Health Fairs



## Personalized Services

- Hot Lunches Daily (Erie County Nutrition Program)
- Breakfast Every Wednesday
- Legal Services for the Elderly
- Funeral Arrangements When Needed
- Telephone Assistance Program
- Friendly Visiting

## Transportation

Daily transportation is provided to and from the Center to any program participant who resides in the City of Buffalo.

## Hours

**10:00 a.m. to 3:00 p.m.,  
Wednesday through Friday.**

Individuals attend on a planned basis which may range from one to three days per week, according to the participant's needs and desires.