

Senior Day Training Program



Nathaniel Draffin, Director



Our Senior Day Training Program provides a stimulating environment for seniors ages 50 and over who have:

- Mental Health deficits.
- Chronic and Persistent Mental Illness.
- Mental Illness and Chemical Abuse (MICA).

The goal of the program is to help these individuals achieve their optimum level of functioning in the community, and to prevent those who have been institutionalized from becoming re-institutionalized.

Program activities are provided on an individual or group basis, according to the needs of each member. A service plan is developed to identify the specific needs and interests of each member.

The Senior Day Training Program is unique in that it gives those with mental health deficits, chronic and persistent mental illness and/or mental illness and chemical abuse issues an opportunity to interact with well aged individuals on a daily basis, in cooperation with BFNC's Moot Sr. Citizen's Center.



The program is free to those who meet our specific eligibility criteria.

The seniors we serve have the opportunity to interact with peers who

share similar interests and life experiences.

Our seniors benefit from:

- Individual service planning
- Social/recreational group activities and community outings
- Group and individual instruction in daily living skills
- Case management
- Daily hot lunches
- Daily transportation (with no cost to the member or caregiver)

This program accommodates individuals with medical and physical limitations, provided they can ambulate and manage personal care needs independently. Residential providers, family members and outpatient staff are encouraged to participate in the planning and ongoing review of services.